

HULL LIGHTHOUSE

www.hulllighthouse.co.uk

September 2017

What a busy summer!!

As well as continuing with our busy outreach schedule, we have had some lovely **Days Out** with a number of women, including a visit to Bridlington, Hornsea and East Park.

There has also been some fun Art sessions:-

Art Therapy. A number of women attended two sessions with Cass Dalton a local artist. There was plenty of hidden talent brought to the surface and some great work produced!

iPad Art. Blue Jay Way Digital Arts facilitated a very interesting and inspiring iPad art session held at Artlink, Hull. They provided the iPads for the session which enabled the women to access something they would normally be excluded from. This was a great opportunity to be involved in the City of Culture art scene.

The **Cooking Sessions** continue and are producing some very tasty food. They enable women to meet together, learn basic kitchen skills as well as how to prepare and cook healthy but cheap and simple meals whilst also learning the basic principles of food hygiene.

A group of us went **Strawberry picking**. We did this in memory of a wonderful person that was so sadly taken from us. A reflective, but thoroughly enjoyable afternoon!

The first meeting of the **Steering Group** was held last month. This group is made up of a number of women who have made great changes to their life style. Who best to ask how the future of Hull Lighthouse should look.

Two members of staff spoke to 120 Year 12 pupils from South Holderness School. They gave a short presentation on the struggles faced by the women and what support Hull Lighthouse can give. The response from the pupils was very positive; some very heartfelt questions and thought provoking discussions.



Social Media

We are now on Facebook!! Check us out — **Lighthouse Project Hull**

Look out for us on Twitter and follow us — **@LighthouseHull**



We have a number of free copies still available and there are two ways of obtaining a copy. You can send us a stamped addressed A4 jiffy envelope with £3 postage on it or you can donate £5 to cover postage and costs .

Details, etc. are available from lighthouse@community-house.co.uk or 01482 442953.

The Trustees:

Claire Thomas - Chair
Andrew Stead
Jane Buckley
Janice Farley
Shirley Ross

The Team:

Claire Maxey, Project Manager
Yvonne Watson , Outreach Worker
Kath Singleton, Outreach Worker
Anna Hembury, Outreach Work
Melanie Watson, Sessional Worker

Comedy Night Fundraiser. A great night was had by all. The Mucking Fuddles were brilliant and we raised over £400!

If anyone has any ideas for fundraising or would like to hold an event, please contact us at lighthouse@community-house.co.uk or 01482 442953

A reminder that you can support the work of Hull Lighthouse Project when you shop online. There are over 3,000 shops and sites where you can shop and return they give a donation to our charity. Just go onto www.easyfundraising.org.uk/causes/hulllighthouse and join up for free and then every time you shop, go to easyfundraising to find the site you want to shop at..

PRAYER AND PRAISE POINTS

Funding for our full time Outreach Worker continues to be a pressure. We are in the process of sending off another grant application to cover the position, so please pray for a successful outcome, as this is a major post for the running of the Charity.

We have a number of women who are struggling with health problems and addictions. Please pray for their health to be restored and that they will overcome their addictions.

There are some new women out on an evening. Please pray that we will be able to engage them through the outreach and start to support them during the day.

We appreciate all the support from our funders:-

LanKelly Chase Foundation / Joseph and Annie Cattle Trust / Allen Lane Foundation / Souter Charitable Trust / Sir James Reckitt Foundation / Esmee Fairbairn Foundation / Lloyds Bank Foundation / Wainwright Trust / Help for Health / Trusthouse Charitable Trust