

HULL LIGHTHOUSE

CELEBRATING 20 YEARS 1996 –2016

 lighthouse

October 2016

WEBSITE

We have a website!!! www.hulllighthouse.co.uk

Our thanks go to Jon Baker who set this site up for us. He did this free of charge and in his own time, so we are very grateful for all his help.

Weekly Group Sessions Update

The *Living Room* has been so successful that we have formed another group from it called *Moving On*. The women attending have made enormous changes to their lifestyle and are very relaxed, honest and supportive with each other. We have some peer mentoring/volunteer training sessions coming up that they will be taking part in and they have also agreed to take part in setting up a steering group.

One big milestone recently has been swimming. They have gone swimming together, which shows how far they've come in confidence. Only a few months ago, the idea of putting on a swimming costume in public would have sent them running!! **They are amazing women.**

We have also begun a series of cookery courses. At these sessions the women learn basic kitchen skills as well as how to prepare and cook healthy but cheap and simple meals. We hope to continue to run these courses on a rolling six week basis.



DATE FOR THE DIARY

We will be holding our AGM on Thursday 24 November, 6pm at Hull Community Church.

Refreshments will be available.

All welcome, but please let us know if you will be attending.



Meet a volunteer

Hi, I'm Liane Kensett, wife, mum and crafter.

I usually volunteer on the Lighthouse "bus" once a month. I go out with Lighthouse because it feels like a small thing I can do for women who are in the toughest of situations. Being able to offer a hot drink, particularly as the weather gets colder feels like a practical way to show the women we meet that they are important, and listening to their stories reminds them that they matter.

Along with Anna Hembury, Lighthouse staff member and Joy Donaldson, Lighthouse volunteer, I meet up with some of the Lighthouse women during the week at Orts, a sewing collective for women from all walks of life.

Orts is an old fashioned word that means scraps and left overs, and when we meet up we work with scraps and left overs of material to create lovely things.

I am also a Lay pastor in the Methodist church where I offer pastoral care, and run a drop in at Selby Street Mission called "Create".

On a personal level it is encouraging to see glimpses of God in the conversation and relationships that we build up, and I particularly enjoy it when different 'worlds' cross over and I can offer pastoral care, or spend time sewing with someone who I've been introduced to through Lighthouse.

CAN YOU HELP US RAISE £2000 IN OUR 20TH YEAR?

Back in May, we set ourselves a challenge in this 20th year of the project to raise at least £2000 by holding sponsored or fund-raising events. So far we have raised **£650**.

We will have a craft stall at Selby Street Mission on Friday 11 November, 2-4pm and at Hull Vineyard Church on Saturday 26 November, 11am-1pm.

If you would like to hold such an event, sponsor someone or have an idea of what we could do, then please contact us on 01482 442953.

We are also asking people to sign up to easyfundraising.com. See below for details.

As a charity any financial or in-kind support is greatly received.

We have a strong belief in our core ethos of supporting vulnerable women involved in street prostitution. As a result, we do not chase funding for the sake of it. Therefore, financial or in-kind support is important.

If you can support us, please contact Carl Duck, Admin and Finance Manager on 07958958110.

Thank you & Goodbye

After 4 years faithfully serving the project as a Trustee, we are sadly saying goodbye to Lia van der Plaats as she returns to The Netherlands.

The Trustees:

Claire Thomas - Chair
Andrew Stead
Jane Buckley
Janice Farley
Shirley Ross

The Team:

Claire Maxey, Project Manager
Carl Duck, Admin and Finance
Yvonne Watson, Outreach Worker
Kath Singleton, Outreach Worker
Anna Hembury, Outreach Work
Melanie Watson, Sessional Worker

Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be collecting free donations for **Hull Lighthouse Project**?

There are over **3,000** shops and sites on board ready to make a donation, including Amazon, Ebay, Groupon, John Lewis, ASOS, thetrainline and Sainsbury's – it doesn't cost you a penny extra!

It's as easy as 1, 2, 3...

1. Head to <https://www.easyfundraising.org.uk/causes/hullighthouse/> and join for free.

It literally takes 2 minutes!

2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.

3. After you've checked out, that retailer will make a donation to your good cause for no extra cost whatsoever!

There are no catches or hidden charges and Hull Lighthouse Project will be really grateful for your donations.

Some retailers remind you and some don't, so when you sign up for the first time, make sure you activate the reminder button.

Thank you for your support.

PRAYER AND PRAISE POINTS

We are extremely thankful and give praise that we have secured funding for the Project Manager post for a further three years from the Esmee Fairbairn foundation.

We have submitted a number of funding applications recently to cover the full time Outreach Worker post. Please pray that we find favour with the Trusts and secure this very important post for a further three years.

There has been a spate of attacks on the women recently so please pray for protection for them and our outreach team. Also please pray that the police will bring these perpetrators to justice

We appreciate all the support from our funders:-

Henry Smith Foundation / Humberside PCC / LanKelly Chase Foundation / Neil Hudgell Trust / Sir James Reckitt Foundation / Esmee Fairbairn / Lloyds TSB / Scurrah Wainwright