

HULL LIGHTHOUSE

www.hulllighthouse.co.uk

 lighthouse

May 2019

Welcome to the team!

We are thrilled to welcome Jen Davies to the staff team. Jen is joining us as an Outreach Worker and will also be heading up the weekly group sessions (Living Room). She has a wealth of knowledge and experience and we are looking forward to seeing what fresh ideas she has for this group.

We spend **25** hours a month on the streets supporting & helping keep women safe through the Evening Outreach.

In 2018 there were over **350** contacts and we met **30** new women during the evening shifts.

During 2018 we supported approximately **50** women to access **1200** appointments. These were mainly drug, health, domestic abuse, housing and benefit related. **10** new women were referred to the daytime support team.

Meet a volunteer

Amanda has been volunteering with us for over 10 years. She brings a wealth of first hand experience to the team; who best to get alongside the women than someone who knows what they are going through and the challenges they face.

Amanda has always been keen on speaking out for the women and campaigning for them to have a voice. She is one of the authors in the book *An Untold Story* and has been a regular speaker at various events, conferences and also the radio.

Last year, Amanda joined AVA (Against Violence and Abuse) as a peer researcher to compile a research piece on the challenges facing survivors of violence against women and girls. The report 'Hand in Hand' was co-produced by 11 peer researchers who are survivors of domestic and/or sexual abuse. The report is based on their interviews with women facing 'multiple disadvantage' - who have experienced violence and abuse, and continue to face issues like homelessness, mental ill-health and substance use. It found most of the women, both peer researchers and interviewees, had experienced many forms of abuse throughout their life, which had wide-ranging effects. Amanda was quoted in the press release -

Peer researcher Amanda says: "Struggling with any disadvantage is really difficult. When those disadvantages are stacked upon each other it can be impossible to escape them.

Changing perspectives and challenging stigma is vital in creating the empathy society needs to truly support vulnerable women."

We are sure there is far more to come from Amanda and we hope that more women like her will join us in supporting women in Hull.

Funding

We have been extremely blessed over the last few months by a number of generous grants. We are very grateful to:-

[The Allen Lane Foundation](#) for a grant to cover core costs.

[The Henry Smith Charity](#) for a grant to cover salaries & running costs.

[The H&ER Charitable Trust](#) for a grant to cover outreach costs.

[The Sir James Reckitt Charity](#) for a grant to cover outreach costs.

[The Nunburnholme Trust](#) for a grant to cover evening outreach costs.

[The Tampon Tax Fund/Two Ridings Community Fund](#) for a grant to cover the Living Room.

And of course, a big thank you to all those people who have sent us regular or one off private donations as well as supporting us through fundraising platforms such as Easy Fundraising and PayPal Giving.

The Trustees:

Claire Thomas - Chair
Andrew Stead
Jane Buckley
Janice Farley
Shirley Ross

The Team:

Yvonne Watson, Project Manager
Kath Singleton, Evening Outreach
Melanie Watson, Outreach Work
Jen Davies, Outreach Worker
Claire Maxey, Administration

A reminder that you can support the work of Hull Lighthouse Project when you shop online. There are over 3,000 shops and sites where you can shop and in return they give a donation to our charity. Just go onto www.easyfundraising.org.uk/causes/hulllighthouse and join up for free and then every time you shop, go to the online store via easyfundraising.

We are also one of the registered Charities with PayPal Giving, so people can safely donate via PayPal transactions.

We are always looking for fresh ways to fundraise, so if you have any ideas or feel inspired to organise an event, please come and speak to us.

Don't forget to check us out on Social Media

Facebook — **Lighthouse Project Hull**

Twitter — **@LighthouseHull**

PRAYER POINTS

Thank you to all of you who prayed for a long time over getting the right person to join the team. We found her! Also linked to this prayer was the situation with the funding, which has been so generously answered. Thank you.

There is an increase in the number of women we are seeing out during the evening shifts and we are struggling to engage with a number of them. Please pray that we will be able to connect with them through the outreach and help them overcome whatever barriers they are facing that stops them accessing our support.

For those who have accepted our help, please pray that they will continue to engage with us so we can support them as they begin to make positive changes in their lives.

We appreciate all the support from all our funders:-

Joseph and Annie Cattle Trust / Sir James Reckitt Charity / Esmee Fairbairn Foundation / Lloyds Bank Foundation / Hull & East Riding Charitable Trust / Henry Smith / Allen Lane / Nunburnholme / Tampon Tax / Two Ridings